

# HEALTH REVIEW

**SKIN, HAIR and NAILS:**

- |                                    |  |   |   |  |
|------------------------------------|--|---|---|--|
| <input type="checkbox"/> eczema    | <input type="checkbox"/> rough, scaly skin | <input type="checkbox"/> dry/itchy skin/scalp | <input type="checkbox"/> paper thin nails | <input type="checkbox"/> bruise easily     |
| <input type="checkbox"/> psoriasis | <input type="checkbox"/> yellow/pale skin  | <input type="checkbox"/> oily skin/scalp      | <input type="checkbox"/> nail biting      | <input type="checkbox"/> alopecia/baldness |

**EYES and EARS:**

- |  |  |  |  |  |
|--|--|--|--|--|
| <input type="checkbox"/> eyes fatigue easily | <input type="checkbox"/> excessive tearing | <input type="checkbox"/> lack of tearing       | <input type="checkbox"/> loss of hearing | <input type="checkbox"/> discharge from ears |
| <input type="checkbox"/> unusual sensitivity | <input type="checkbox"/> pain in eyeball   | <input type="checkbox"/> excessive eye itching | <input type="checkbox"/> pain in ears    | <input type="checkbox"/> ringing in ears     |

**NOSE, NASOPHARYNX, SINUSES, MOUTH and THROAT:**

- |  |  |  |  |  |
|--|--|--|--|--|
| <input type="checkbox"/> nasal discharge | <input type="checkbox"/> pain in mouth         | <input type="checkbox"/> dentures        | <input type="checkbox"/> pressure under eyes | <input type="checkbox"/> frequent colds  |
| <input type="checkbox"/> nose bleeds     | <input type="checkbox"/> pain in throat        | <input type="checkbox"/> abscessed teeth | <input type="checkbox"/> pressure over eyes  | <input type="checkbox"/> nasal allergies |
| <input type="checkbox"/> bleeding gums   | <input type="checkbox"/> difficulty swallowing | <input type="checkbox"/> cavities        | <input type="checkbox"/> sinusitis           |  |

**RESPIRATORY:**

- |  |                                    |   |                                   |   |
|--|------------------------------------|---|-----------------------------------|---|
| <input type="checkbox"/> shortness of breath | <input type="checkbox"/> dry cough | <input type="checkbox"/> productive cough | <input type="checkbox"/> wheezing | <input type="checkbox"/> allergies _____<br>_____ |
|--|------------------------------------|---|-----------------------------------|---|

**GASTROINTESTINAL:**

- |   |                                      |  |   |
|---|--------------------------------------|--|---|
| <input type="checkbox"/> poor appetite          | <input type="checkbox"/> indigestion | <input type="checkbox"/> nausea and vomiting | <input type="checkbox"/> abdominal pain |
| <input type="checkbox"/> change in bowel habits | <input type="checkbox"/> diarrhea    | <input type="checkbox"/> constipation        | <input type="checkbox"/> hemorrhoids    |

**GENITOURINARY:**

- |  |  |   |  |
|--|--|---|--|
| Urination is.....                          | <input type="checkbox"/> frequent                | <input type="checkbox"/> normal                   | <input type="checkbox"/> infrequent              |
| The amount is.....                         | <input type="checkbox"/> high                    | <input type="checkbox"/> normal                   | <input type="checkbox"/> low                     |
| <input type="checkbox"/> can disturb sleep | <input type="checkbox"/> intense need to urinate | <input type="checkbox"/> difficulty starting flow | <input type="checkbox"/> pain on urination       |
| <input type="checkbox"/> dribbling         | <input type="checkbox"/> blood in urine          | <input type="checkbox"/> cloudy urine             | <input type="checkbox"/> lack of bladder control |

**VENEREAL DISEASE**

- |                                   |                                    |                                 |                                |
|-----------------------------------|------------------------------------|---------------------------------|--------------------------------|
| <input type="checkbox"/> syphilis | <input type="checkbox"/> gonorrhea | <input type="checkbox"/> herpes | <input type="checkbox"/> other |
|-----------------------------------|------------------------------------|---------------------------------|--------------------------------|

**SOCIAL HISTORY:**

- |                          |                                      |   |                                    |                                     |   |
|--------------------------|--------------------------------------|---|------------------------------------|-------------------------------------|---|
| Diet is.....             | <input type="checkbox"/> balanced    | <input type="checkbox"/> unbalanced     | Rest is.....                       | <input type="checkbox"/> sufficient | <input type="checkbox"/> not sufficient |
| Recreation.....          | <input type="checkbox"/> sufficient  | <input type="checkbox"/> not sufficient |                                    |                                     |   |
| My job is.....           | <input type="checkbox"/> pleasing    | <input type="checkbox"/> okay           | <input type="checkbox"/> miserable |                                     |   |
| My family stress is..... | <input type="checkbox"/> severe      | <input type="checkbox"/> moderate       | <input type="checkbox"/> minimal   |                                     |   |
| My job stress is.....    | <input type="checkbox"/> severe      | <input type="checkbox"/> moderate       | <input type="checkbox"/> minimal   |                                     |   |
| I regularly use.....     | <input type="checkbox"/> tobacco     | I regularly drink.....                  | <input type="checkbox"/> coffee    | <input type="checkbox"/> alcohol    |   |
|                          | <input type="checkbox"/> tea         |   |                                    |                                     |   |
| I often experience.....  | <input type="checkbox"/> nervousness | <input type="checkbox"/> irritability   | <input type="checkbox"/> fatigue   | <input type="checkbox"/> depression | <input type="checkbox"/>                |
| )lethargy                |                                      |   |                                    |                                     |   |
| I have cravings for..... | <input type="checkbox"/> sweets      | <input type="checkbox"/> salty foods    |                                    |                                     |   |

**WOMEN ONLY:**

- |   |  |                                       |  |  |
|---|--|---------------------------------------|--|--|
| <input type="checkbox"/> painful period | <input type="checkbox"/> vaginal discharge | <input type="checkbox"/> abnormal PMS | <input type="checkbox"/> irregular periods | <input type="checkbox"/> lumps in breast |
| Number of Pregnancies _____             |  | Number of Deliveries _____            |  |  |

**CONSENT FOR TREATMENT AND AUTHORIZATION TO PERFORM X-RAYS**

I am aware that diagnostic x-rays may be needed for a complete analysis of my present condition. If Dr. Morton advises me that x-rays are needed, I authorize Primary Care Chiropractic to perform such radiographic examination necessary to properly diagnose my present problem.

I also authorize Dr. Morton to administer whatever treatment is deemed necessary to treat my present condition.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

**WOMEN ONLY**

To the best of my knowledge, I am NOT pregnant and the above named Doctor has my permission to x-ray me for diagnostic interpretation.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_